



# A NOTICE TO HUMANITY

## *Celebrating Shri Mataji*



*Through the ages great incarnations have taken their birth to guide mankind and to put us back upon the path of our spiritual ascent. Today more than ever the world needs a guiding hand, someone who can counsel us, and give us comfort against the atrocities and injustices of the world. More than ever we need someone who can redeem us and lead us to spiritual enlightenment.*

**Shri Mataji Nirmala Devi**

**T**he prophets foretold of a time in the new millennium when someone of unique spiritual magnitude would come amongst us, to heal, and make us whole again. The whole of the universe is feeling the urgency of man's plight, and on 21st March 1923 at midday, on the spring equinox, all the planets were aligned to give their full support and powers: at that time a great spiritual incarnation took her birth. Shri Mataji Nirmala Devi came into the world at Chhindwara, a town in the centre of India.

Those who have sought spiritual enlightenment wish to humbly acknowledge that during the last eighty-five years Shri Mataji has been at the helm of every major spiritual and social change we've experienced, and has been leading a silent revolution of the spirit. Since 1970 Shri Mataji Nirmala Devi, as spiritual revolutionary, has travelled the world and has liberated humanity by awakening the spirit within, offering spiritual awakening through Sahaja Yoga to all who seek it, restoring spiritual balance and social harmony throughout the world.

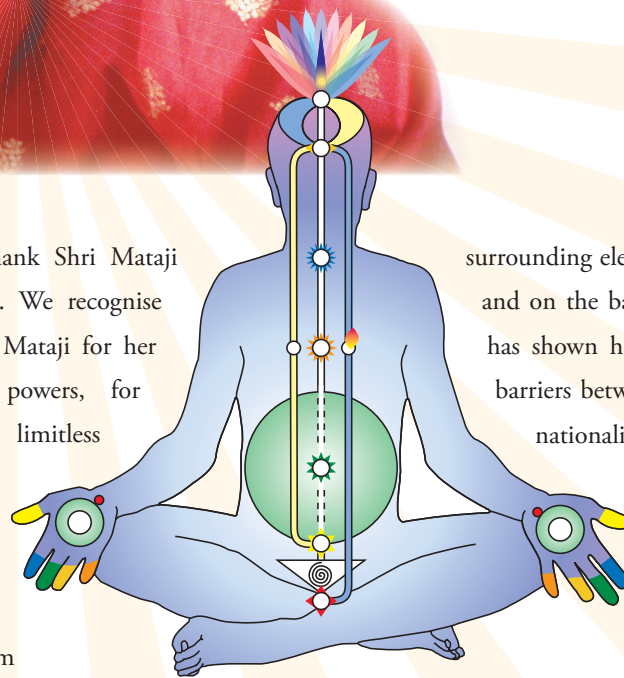
The journey has been long, but these have truly been ... the footsteps of God.

We recognise and thank Shri Mataji for the love she gives. We recognise and acknowledge Shri Mataji for her unmatched spiritual powers, for her wisdom, for her limitless compassion. We the Sahaja yogis of the world recognise and thank Shri Mataji for her ability to transform and protect the seekers of truth, those who have sought their self-mastery.

In the history of spirituality no other person has had such a profound impact upon the world as the greatest living saint of our times: Shri Mataji Nirmala Devi.

Shri Mataji has been able to awaken the final Sahasrara Chakra on a cosmic level so that all human beings can attain their Self Realisation. She has integrated the contributions of the great individual religious, moral and spiritual traditions, and found the place where they converge in compassion, love, forgiveness, contentment, and self-discipline.

Shri Mataji has worked to enlighten mankind on the significance of, and relationship between the



surrounding elements and our spirituality; and on the basis of true spirituality, she has shown how one can overcome the barriers between cultures, religions and nationalities.

Shri Mataji is a mother, grandmother and great-grandmother, and by her practical example she has shown us the principle of good relationships within the family and society.

Shri Mataji has made major contributions to reforming the world socially by pointing out the ills, wrongs and dangers of modern life, talking fearlessly about the role of men and women, and the importance of a good family life.

Shri Mataji has created non-governmental organisations and agencies to support education, the rights of women and orphaned children. She feels this is one of the main conditions for personal liberation, and part of spiritual liberation. Through the creation of NGOs Shri Mataji is helping to address the problems of poverty and deprivation, oppression and exploitation.

# Nirmala Devi's 85th Birthday

## '... A living Saint for Modern Times'

Throughout the world different governments, religious figures and international bodies have recognised the incredible contribution Shri Mataji has made to the transformation of mankind. In recognition of her selfless efforts towards social improvement and world peace, she has been nominated twice for the Nobel Peace Prize.

**'Shri Mataji's discovery brings genuine hope to humanity.'**

*Claes Nobel, Grand-nephew of Alfred Nobel, Nobel Peace Prize Foundation, Chairman of the United Earth Organisation*

### Shri Mataji's Vision

'Sahaja Yoga is the spontaneous union of the individual consciousness with the all-pervading power, through the awakening of the residual power of the Kundalini, which lies dormant within all human beings. The inner universal religion of divine love is within, which when enlightened produces a truly religious, moral, peaceful, compassionate, and powerful enlightened personality. This is Sahaja Yoga, communion with the divine, which is the birthright of all human beings. This is Sahaja Yoga, the union between you and God Almighty.'

'You are all specially made by God and you have a very great purpose. The first purpose of God is that you should become the vehicles of God's power completely flowing through you into the universe, and then to bring you into the kingdom of God, and to occupy the highest seat in the heart of God Almighty. Let it be known all over the world that Sahaja Yoga is the only way to save the world.'

'All our lives we have worked, earned money, married, had children and died. But this time let us do something special for which this whole universe was created, and open the gates of heaven for humanity to enter into the realms of God. But we must be meaningful to Him; we do not belong to any country, we belong to the kingdom of God in the universal country. And to do so we have to become universal beings, to move away from dividing factors such as race, country, and creed, but enter into the universal religion which is Sahaja culture, which is that of humility, and that of becoming a universal personality.'

### Shri Mataji's Mission

'The only way forward for humanity is to get Self Realisation, there is no other way. It cannot be worked out at the mental level, but on the spiritual level through the heart, not the head. Sahaja Yoga is the culmination and the integration of all the scriptures, of all the deities. Now all human beings en masse can receive their Self Realisation through this living process. Sahaja Yoga is for the emancipation of all humanity.'

'We can bring peace, joy, bliss to this world. For this we have to have our ascent. How to do it: Self Realisation through the awakening of the Kundalini, which rises and unites with the power of God Almighty, which unites the physical, mental, emotional, and finally the spiritual being within. Then the most important thing is giving this universal power through Sahaja Yoga to everyone, which is for the emancipation of all humanity. This is not for one country, this is not for one person – this is for all of humanity.'

'In Sahaja Yoga you develop a global personality which is enlightened completely by the divine power and love of God. And then all your problems are solved on a universal level, as you become the vehicle for the divine power to act, and you become a pure Sahaja personality.'

### Call to Action

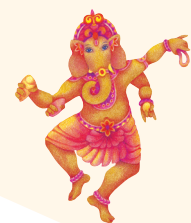
Shri Mataji Nirmala Devi has constantly and tirelessly travelled the world for nearly forty years, offering spiritual awakening through Sahaja Yoga to all who seek it, and restoring spiritual balance and social harmony throughout the world. It is now time that we, her children, should take up responsibility for this work.

On the occasion of Shri Mataji's 85th birthday, her selfless gift to the world of Self Realisation and Sahaja Yoga is recognised as an historical milestone made possible through her advent, bestowing Kundalini awakening as the entry into the inner world.

Shri Mataji has always spoken of the world's spiritual poverty. Sahaja Yoga will play an essential role in lessening this spiritual poverty, and establishing the value of freedom by cultivating the individual's spiritual awareness.

Shri Mataji came in peace for all mankind, for the good of our planet, for the advancement of humanity and, ultimately, for the glory of God Almighty: all mankind is in her debt. In the history of spirituality no other person has had such a profound impact upon the world as the greatest living saint of our times. The journey has been long, but these have truly been ... the footsteps of God.

With love and devotion from all your children, on this auspicious occasion of your 85th Birthday.



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