### A NOTICE TO HUMANITY

5th May 1970 in the early morning at Nargol, India HH Shri Mataji opened the primordial Sahasrara at Cosmic level – the seventh chakra that is the integration and pinnacle of our spiritual evolution.



'As soon as the Sahasrara was opened, the whole atmosphere was filled with tremendous Chaitanya, and there was tremendous light in the sky, and the whole thing came on this earth. I started seeing all that and got lost in the joy. It was like an artist seeing his own creation, and I felt the joy of great fulfillment' — Shri Mataji Nirmala Devi



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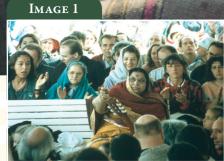


Image 2

Image 3





This series <mark>of unalter</mark>ed photographs is but one of many taken over the last 38 years that suggest the existence of a subtle energetic dimension (traditionally called Paramchaitanya) which is usually invisible to the naked eye.

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#### HH Shri Mataji's gift to mankind

HH Shri Mataji is revered as the compassionate Divine Mother by her followers, as the *Messenger of peace* by Ayatollah Rouhani, an Avatar of the modern era by Claus Nobel, grandnephew of Albert Nobel (the creator of the Nobel foundation) and Chairman of United Earth

In the history of spirituality no other divine personality has had such a profound impact upon the world as the Greatest Incarnation HH Shri Mataji.

No divine person before HH Shri Mataji has been able to awaken the final Sahasrara Chakra on a cosmic level so that all human beings can attain their self-realization.

# Fulfilments of all that was promised to Mankind

Sahaja Yoga was created by Shri Mataji when she opened the Sahasrara, and gradually spread around the world like a silent, inner revolution - and spiritual prophecies have been fulfilled.

In the early morning hours of the 5th of May in the year 1970, disgusted with the falsehood spread by self-proclaimed New Age *gurus*, and desiring that all the Seekers of Truth attain their Self Realization, on the small beach of Nargol (about 150 km from Mumbai, India), HH Shri Mataji opened the primordial Sahasrara — the seventh center that is the integration and pinnacle of our spiritual evolution.

It is the greatest event of all the spiritual happenings of the universe... Without this happening, there could not have been the possibility of giving en-mass realization to people. As soon as the Sahasrara was opened, the whole atmosphere was filled with tremendous chaitanya, and there was tremendous light in the sky, and the whole thing came on this



earth, as if a torrential rain or a waterfall with such tremendous force as if I was unaware and got stupefied.

The happening was so tremendous, and so unexpected that I was stunned and got totally silent at the grandeur

I saw the primordial Kundalini rising like a big furnace, and the furnace was very silent but a burning appearance it had, as if you heat up a metal, and it has many colours.

I started seeing all that and got lost in the joy. It was like an artist seeing his own creation, and I felt the joy of great fulfilment.

After coming out of this beautiful experience, I looked around and saw human beings so blind and I became absolutely silent, and desired that I should get the cups to fill the nectar.'

HH Shri Mataji Nirmala Devi

## HH Shri Mataji awakens the experiences of the Sahasrara

On the 5th of May 1970 Shri Mataji opened the Sahasrara Chakra of the Virata and the unique opportunity of self realisation, second birth, became possible for all mankind, once the Kundilini is wakened Shri Mataji allows those who are seeking truth to then becomes a *Sahaja Yogi*, the twice born, and then an attitude unique to Sahaja Yogis is born within. Then a new era begins for us, keeping our attention very much on Shri Mataji, and aspects of deepening our spiritual awakening.

Infinite happiness does exist and can be touched by all of us if we just reach out and grasp the opportunity. Just visit www. freemeditation.com take that step and spend some time in truth, touch that space which is at the rainbows end, where all spiritual dreams can be fulfilled, and find someone who embodies all Truth, Integrity and True salvation, Shri Mataji Nirmala Devi.

Almighty God did not create human beings with the desire for ultimate happiness unless the satisfaction for those desires could exist and could be within the reach of all Human Beings. By opening the Sahasrara Chakra Shri Mataji allows all humanity to be spiritually born again, with the highest and most elevated desire, ones for which no ordinary human experience in this world could satisfy.

If we love ourselves and humanity then Shri Mataji's work is shown greater and greater every time we experience the spirit in Nirvicharya Samadhi, 'thoughtless awareness in meditation', which is the time for creativity, enjoyment, innocence and realisation — filled with the joy of the Adi Shakti, for a time for each experience True God realisation.

We can be truly united with each other and the Divine; and together experienced Her splendour and power and joy and timelessness, it all begins with a first step, visit www.freemeditation.com

The unending and humble thanks to our Mother from all of your children for the noble task that; you are doing for the emancipation of all humanity.

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